

The First 6 Months

Newborn milestones, month by month

1 Month

- Lifts head when lying on tummy
- Responds to sound
- Stares at faces

2 Months

- Vocalizes: gurgles and coos
- Follows objects across field of vision
- Notices his hands
- Holds head up for short periods

3 Months

- Recognizes your face and scent
- Holds head steady
- Visually tracks moving objects

4 Months

- Smiles, laughs
- Can bear weight on legs
- Coos when you talk to him

5 Months

- Distinguishes between bold colors
- Plays with his hands and feet

6 Months

- Turns toward sounds and voices
- Imitates sounds
- Rolls over in both directions

7 - 16 Months

Sitting, crawling & first words

7 Months

- Sits without support
- Drags objects toward herself

8 Months

- Says "mama" or "dada" to parents (isn't specific)
- Passes objects from hand to hand

9 Months

- Stands while holding onto something
- Jabbers or combines syllables
- Understands object permanence

10 Months

- Waves goodbye
- Picks things up with pincer grasp
- Crawls well, with belly off the ground

11 Months

- Says "mama" or "dada" to the correct parent
- Plays patty-cake and peek-a-boo
- Stands alone for a couple of seconds, cruises

12 Months

- Imitates other's activities
- Indicates wants with gestures

13 Months

- Uses two words skillfully (e.g., "hi" and "bye")
- Bends over and picks up an object

14 Months

- Eats with fingers
- Empties containers of contents
- Imitates others

15 Months

- Plays with ball
- Uses three words regularly
- Walks backward

16 Months

- Turns the pages of a book
- Has temper tantrums when frustrated
- Becomes attached to a soft toy or other object

17 - 24 Months

Words, walking & play

17 Months

- Uses six words regularly
- Enjoys pretend games
- Likes riding toys

18 Months

- Will "read" board books on his own
- Scribbles well

19 Months

- Uses a spoon and fork
- Runs
- Throws a ball underhand
- Enjoys helping around the house

20 Months

- Feeds doll
- Takes off own clothes
- Dumps an object in imitation, such as throwing garbage away

21 Months

- Can walk up stairs
- Able to set simple goals (e.g., deciding to put a toy in a certain place)

22 Months

- Kicks ball forward
- Follows two-step requests (e.g., "Get your doll and bring it here")

23 Months

- Names simple picture in a book
- Uses 50 to 70 words

24 Months

- Names at least six body parts
- Half of speech is understandable
- Makes two-to three-word sentences

25 - 36 Months

Talking, drawing & independence

25 - 26 Months

- Stacks six blocks
- Walks with smooth heel-to-toe motion

27 - 28 Months

- Runs well
- Turns pages one at a time

29 - 30 Months

- Brushes teeth with help
- Washes and dries own hands
- Draws a vertical line

31 - 32 Months

- Recites own name
- Draws a circle

33 - 34 Months

- Names one color
- Names one friend
- Carries on a simple conversation

35 - 36 Months

- Describes how two objects are used
- Uses three to four words in a sentence
- Names two actions (e.g., skipping, jumping)